



# September 2018 Breakfast and Lunch

MONDAY wich	Taco TUESDAY	Dessert WEDNESDAY	Mashed/Au Gratin THURSDAY	Finger food FRIDAY
<b>A la Carte Menu-cash only <u>Please!</u></b> Extra meal-\$2.15 Extra entrée-\$1.00 Extra side-\$.50 Extra salad dressing cup or pkts-\$.25 Milk-\$.35 Adult B-fast-\$1.60 Lunch-\$2.50				<b>CONDIMENTS + Carbs</b> <b>K</b> -ketchup 2pkts - 2 <b>T</b> -tartar sauce 2pkts - 2 <b>PR</b> -pickle relish 2pkts - 2 <b>P</b> -pickles 7 slices - 0 <b>M</b> -mustard 2pkts - 0 <b>BBQ</b> -bbq sauce cup - 10
 <b>NO SCHOOL</b>	B-Oatmeal, Maple French toast sticks, pears, 100% juice cup  L-Egg & chicken burrito-17 salsa-2 Spanish rice-21 Sweet corn-17 pineapples-17	B-Scrambled egg & toast, pineapples, 100% juice cup  L-Corn dog-27 Round tortilla chips-21 Sweet Peas-15 Mixed fruit-17 brownies-21 <b>5 K, M</b>	B-Biscuits & gravy, ham patty, mixed fruit, 100% juice cup  L-Chicken n noodles-28 Mashed potatoes-10 gravy-6 Dinner roll-23 green beans-7 Peaches-17 <b>6</b>	B-Cereal, cherry frudel, peaches, 100% juice cup  L-Meatballs-2 sauce-9 cheese-0 sub-21 Oven fries-21 Carrot sticks-2 ranch cup-11 Raisins-15 <b>7 K</b>
B-Cereal, fruit grain bar, cheese slices, mixed fruit, 100% juice cup  L-Beef patty-0 cheese-0 bun-21 Original sun chips-8 Steamed mixed vegetables-15 Cinnamon apple slices-15  <b>10 K, M, P</b>	B-Oatmeal, sausage patty, cinnamon apple slices, 100% juice cup  L-Taco meat-3 tortilla bowl-13 Lettuce-1 cheese-0 salsa-2 Corn on cob-19 Fresh grapes-23  <b>11</b>	B-Egg & sausage patty on bun, pears, 100% juice cup  L-Beef & cheese ravioli-36 Garlic bread-15 Sweet peas-12 Pineapples-17 Apple bosco stick-36 icing-23 <b>12</b>	B-Biscuits & gravy, ham patty, pineapples, 100% juice cup  L-Salisbury steak-14 Sliced bread-17 Mashed potatoes-10 gravy-6 Green beans-8 Mandarin oranges-20 <b>13</b>	B-Cereal, banana bread loaf, mandarin oranges, 100% juice cup  L-Chicken nuggets-14 Macaroni-32 cheese-0 Cucumber slices-3 carrot sticks-5 Apple wedges-7  <b>14 K, BBQ</b>
B-Cereal, fruit muffin, cheese slices, applesauce, 100% juice cup  L-Tenderloin-24 bun-21 Potato rounds-21 Steamed mixed vegetables-15 Pears-20 <b>17 K, M, P</b>	B-Oatmeal, maple pancake sausage stick, pears, 100% juice cup  L-Cheese quesadilla-22 salsa-2 Seasoned Mexican rice-43 Sweet corn-15 Watermelon wedges-25 <b>18</b>	B-Egg omelet, biscuit & jelly, peaches, 100% juice cup  L-Pasta-42 w/meat sauce-24 Bread stick-15 sweet peas-15 Mixed fruit-17 Chocolate cake-20 chocolate icing 14 <b>19</b>	B-Biscuit & gravy, ham patty, mixed fruit, 100% juice cup  L-Open face turkey-0 over bread-17 Mashed potatoes-10 gravy-6 Romaine salad mix-6 diced tomatoes-3 Italian dressing-3 Pineapples-17 <b>20</b>	B-Cereal, breakfast sausage pizza, pineapples, 100% juice cup  L-Grilled cheese sandwich-34 Corn chips-18 Green & red bell peppers-5 ranch cup-6 Raisins-15 <b>21</b>
B-Cereal, peanut butter & Jelly on toast, peaches, 100% juice cup  L-Fish square-22 bun-21 Cheddar goldfish-14 Steamed mixed vegetables-15 Cinnamon applesauce-13  <b>24 K, T</b>	B-Oatmeal, sausage links, cinnamon applesauce, 100% juice cup  <b>L-Taco salad</b> , consist of taco meat-3, lettuce-1, cheese-0, diced tomatoes-0, crushed tortilla chips-21 Salsa-2 corn on cob-15 Fresh orange wedges-41 <b>25</b>	B-Scrambled egg, tri-tators (2pcs), peaches, 100% juice cup  L-Tomato soup-21 ½ Peanut butter & jelly sandwich-30 Celery sticks-2 pears-20 Strawberry short cake-52 Whip cream-2 <b>26</b>	B-Biscuit & gravy, ham patty, pears, 100% juice cup  L-Country fried steak-52 Dinner roll-23 Au gratin potatoes-25 Green beans-8 Peaches-17 <b>27</b>	B-Cereal, Breakfast pizza bagel, pineapples, 100% juice cup  L-Stuff crust cheese pizza-35 Oven fries-21 Fresh broccoli florets-5 ranch cup-6 Apple wedges-7  <b>28 K</b>

== Carbohydrates \*1% Milk-White-11\*, F. F. Milk-Chocolate-20\* Is included with all meals made at the school. If your child brings a lunch from home, he/she may purchase milk for \$.35. Menus are subject to change. Thank you, Ms Davis 698-3604. Call me if you have any questions.