





# November 2018 Breakfast and Lunch

MONDAY w/ich	Taco TUESDAY	Dessert WEDNESDAY	Mashed/Au Gratin THURSDAY	Finger food FRIDAY
<b>Al Carte Menu-Cash Only <u>Please!</u></b> Extra meal-\$2.15 Extra entrée-\$1.00 Extra side-\$.50 Extra salad dressing cups-\$.25 Extra milk-\$.35 Adult B-fast\$1.60 Lunch-\$2.50	<b>CONDIMENTS +carbs</b> <b>K</b> -ketchup 2pkts - 2 <b>T</b> -tarter sauce 2pkts – 2 <b>PR</b> -pickle relish 2pkts – 2 <b>P</b> -pickles – 0 <b>M</b> -mustard 2pkts – 0 <b>BBQ</b> -bbq sauce cup - 10		B-Biscuits & gravy, ham patty, mixed fruit, 100% juice cup  L-Chicken n noodles-28 Mashed potatoes-10 gravy-6 Dinner roll-23 green beans-7 1 Peaches-17	B-Cereal, cherry frudel, peaches, 100% juice cup  L-Pretzel cheese stick-26 Oven fries-21 pears-20 Bell peppers-17 ranch cup-11 2 <b>K</b>
B-Cereal, peanut butter & jelly toast, peaches, 100% juice cup  L-Grilled chicken-2 bun-23 Original sun chips-18 Steamed mixed vegetables-15 Cinnamon apple slices-15 5 <b>K,M,P</b>	B-Oatmeal, maple french toast sticks, cinnamon apple slices, 100% juice cup  L-Cheese Quesadilla-22 salsa-2 Seasoned mixed rice-43 Sweet corn-15 red grape-15 6	<b>B-Hot</b> ham & egg on bun, mixed fruit, 100% juice cup L-Corn Dog-27 hummus dip-2.1 Round tortilla chips-21 Sweet peas-12 Mandarin oranges-20 Jello-0 cake-40 whip cream-2 7 <b>K,M</b>	B-Biscuits & gravy, ham patty, mandarin oranges, 100% juice cup  L-Country fried steak-52 Sliced bread-17 Mashed potatoes-13 gravy-6 Tossed salad-6 Italian dressing-3 8 Pears-20	Cereal, egg & sausage hot pocket, pears, 100% juice cup  <p style="text-align: center;"><b>SCHOOL IMPROVEMENT DAY NO LUNCH SERVED</b></p> 9
B-Cereal, fruit muffins, cheese slice, peaches, 100% juice cup  L-Ham-2 turkey-2 cheese-0 sub-21 Oven fries-21 Steamed mixed vegetables-15 Pears-15 12 <b>K,M,P</b>	B-Oatmeal, sausage links, cinnamon applesauce, 100% juice cup L-Taco meat-3 tortilla bowl-13 Lettuce-1 cheese-0 salsa-2 Corn on cob-15 Fresh strawberries-20 13	B-Egg omelet, toast, mixed fruit, 100% juice cup  L-Grilled cheese sandwich-24 Tomato soup-21 Crackers-9 Strawberry cup-15 Chocolate chip cookie-24 14 	B-Biscuits & gravy, ham patty, strawberry cup, 100% juice cup <b>THANKSGIVING DINNER</b> L-Gravy-6 over Turkey slices-2 Dinner roll-23 Cranberry delight-28 Mashed potatoes-10 Gravy-6 Green beans-7 15 <b>Hot</b> Apple Oatmeal Crisp-32	B-Cereal, breakfast sausage pizza, pineapple, 100% juice cup  L-Cheese pizza-30 Smiley potatoes-21 Cucumber slices-5 ranch cup-6 Raisins-15 16 <b>K</b>
B-Cereal, peanut butter & jelly bagel,, peaches, 100% juice cup  L-Meatballs w/sauce-4 cheese-0 bun-23 Steamed mixed vegetables-15 mandarin oranges-17 Au Gratin potatoes-25 19	B-Oatmeal, pancake w/syrup, mandarin oranges,100% juice cup  L-Chicken fajita meat-2 wrap-15 salsa-2 lettuce-1 cheese-0 Mexican rice-43 Steamed corn-15 Fresh strawberries-20 20	<p><b>NO SCHOOL</b></p> 21	<p><i>Happy Thanksgiving</i></p>  22	<p><b>NO SCHOOL</b></p> 23
B-Cereal, fruit grain bar, cheese slices, pears, 100% juice cup  L-Tenderloin-24 bun-21 Steamed mixed viegetables-15 Mixed fruit-15 26 <b>K,M,P</b>	B-Oatmeal, ham patty, mixed fruit, 100% juice cup  L-Beef, bean, cheese burrito-25 salsa-2 Spanish rice-21 Corn on cob-15 Fresh watermelon wedges-4 27	B-Scrambled eggs, biscuits, pears, 100% juice cup  L-Beef & cheese Ravioli-36 Garlic bread-15 fresh broccoli-8 ranch cup-11 Mandarin oranges-20 28 <b>Hot</b> peach oatmeal crisp-30	Biscuits & gravy, ham patty, mandarin oranges, 100% juice cup  L-Chicken A Fredo-30 Mashed potatoes-10 gravy-6 Dinner roll-23 green beans-17 Peaches-15 29	B-Cereal, banana bread loaf, peaches, 100% juice cup  L-Pepperoni bosco sticks-35 Marinara sauce-7 potato wedges-21 Carrot sticks-2 Apple wedges-7 30 <b>K</b>

–= Carbohydrates \*1% Milk-White-11, Fat Free Chocolate-20\* White or chocolate milk is included with all meals made at the school. If your child brings a lunch from home, he/she may purchase milk for \$.35. Menus are subject to change. Thank you, Ms Davis -309-698-3604 .Please call me if you have any questions.

